



Are you parenting a 4 year old?

Your 4 year old should be able to:

- Understand the concept of counting
- Understand the difference between “same” and “different”
- Identify the difference between fantasy and reality, but they still play "pretend"
- Separate easily from parents
- Speak clearly enough for unfamiliar listeners to understand
- Use sentences of 5 to 6 words
- Climb stairs, throw a ball, pedal a bike
- Tolerate noisy or crowded places
- Put on their own shirt, pants, socks
- Hold a pencil properly

(sourced from [Alberta Health Services Growth and Development Milestones](#) website)

If you have questions/concerns regarding your child’s ability to reach these milestones you may talk to :

- Your local AHS Community Health Clinic
- Your local school and/or Kindergarten Teacher
- BTPS Early Childhood Services Lead at 780-806-2049

