



Are you parenting a 3 year old?

Your 3 year old should be able to:

- Identify their name and age
- Memorize a string of numbers without accurately counting
- Follow 2-3 step instructions
- Label and name familiar objects
- Speak clearly enough for unfamiliar listeners to understand 75% of the time
- Use sentences of 3-4 words
- Understand most of what they hear
- Tolerate noisy or crowded places
- Attempt to dress self and can feed self using utensils

(sourced from [Alberta Health Services Growth and Development Milestones](#) website)

If you have questions/concerns regarding your child's ability to reach these milestones you may talk to :

- Your local AHS Community Health Clinic
- Your local school and/or Kindergarten Teacher
- BTPS Early Childhood Services Lead at 780-806-2049

