



Field Trip High Risk and Excluded Activities

The approval of school activities should always take into consideration the educational value and the injury risk factors associated with the activity.

When planning field trips refer to and review the School Physical Activity, Health & Education Resource for Safety ([SPHEREs](#)) website. Also please use informed consent forms that must be signed by the parent/guardians. Ensure activities are appropriate for age group and abilities and appropriate safety equipment is used.

EXCLUDED ACTIVITIES		
Aviation Activities – i.e. aircraft or helicopter rides from school property	Hot air balloon rides, Parasailing, Sky-diving, excursions on private planes	Automobile activities; demolition derbies, auto races, boat races, quad races etc.

HIGH RISK ACTIVITIES			
We will need to contact the insurance provider to see if coverage is available.			
Archery/Bow hunting	Go kart tracks	Mechanical Bulls	Cliff rappelling
Boxing/wrestling	Manufacturing/fabrication services	Running of the bulls events	
Bungee jumping	Martial Arts		Paintball
Extreme sports, specifically - downhill mountain biking	Firearm activities, specifically – hunting, firing ranges, target/skeet/trap shooting	Snow surfing on ski hills	Axe throwing Zipline Trampoline
Whitewater rafting	Inflatable Bouncing Apparatus	Wave pools	

MEDIUM RISK ACTIVITIES		
Climbing walls		
Fitness facilities		
Mountain/rock climbing		
Skiing/snowboarding		

LOW RISK ACTIVITIES		
Attending museums, cultural centres, animal zoos	Trips to firehalls and local places	