



401.1AP Health & Wellness of Staff and Students

APPROVED: 2020.02.19 (2013.06.19) (97.06.18)

AMENDED: 2020.02.10

LEGAL REFERENCE:

- Education Act Section 53

PROCEDURES:

System-Based Partnerships:

1. Schools and Central Services are encouraged to work with parents, community members, organizations and government to foster lifelong habits that improve the health and well-being of employees and students.
2. Schools and Central Services shall maintain a supportive environment that develops the knowledge, skills and attitudes necessary to enable individuals to make choices that foster emotional and physical health.
3. Schools and Central Services are encouraged to explore opportunities to support the emotional and physical well-being of staff and students.
4. When considering fundraising initiatives, where possible, healthy alternatives should be sought.
5. When considering classroom/school activities (ie, special events, annual celebrations, staff meetings, etc.) healthy alternatives should be sought.
6. Where opportunity exists, daily physical activity programs are encouraged in all schools.