



## ADMINISTRATION OF MEDICATION/MEDICAL TREATMENT TO STUDENT APPROVAL FORM

The following information will be used for the purpose of responding to the medical needs of your child. All information placed in a student's file will be protected and used in compliance with the Freedom of Information and Protection (FOIP) Act and the Health Information Act.

(All information should be printed)

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Principal: \_\_\_\_\_  
Parent/Guardian Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone: Home \_\_\_\_\_ Day # (Mother) \_\_\_\_\_ Day # (Father) \_\_\_\_\_  
Other Emergency Family Contact: Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Alberta Personal Health Care Number (optional): \_\_\_\_\_

### MEDICAL INFORMATION

1. Medical intervention which is being requested of the school staff:  
\_\_\_\_ Medication Administration  
\_\_\_\_ Medical Treatment (Please describe): \_\_\_\_\_  
\_\_\_\_\_

2. Purpose of Medication/Medical Treatment: \_\_\_\_\_

3. Student is able to self-administer medication/medical treatment: Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please indicate if and how the student is to carry/access medication (i.e. inhaler, epipen):  
If no, please provide specific instructions:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Special Storage Instructions: \_\_\_\_\_

5. Emergency procedure in event of reaction: \_\_\_\_\_

6. Designated medical facility/hospital in the event of an emergency: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Physician's Telephone: \_\_\_\_\_

7. Name of Pharmacy: \_\_\_\_\_ Telephone: \_\_\_\_\_

**Authorization for the Administration of Medication/Medical Treatment**

This Authorization is Subject To the Following:

- The parent or legal guardian is to provide the medication or medical supplies as prescribed or determined by the student’s physician and specific details pertaining to the administration of the medication/medical treatment.
- The physician prescribed medication and specific medical supplies are to be provided in the original container. The medication will have the pharmacy label attached.
- The dose schedule of medication has been planned such that a minimum number of doses will be given at school.
- The parent or legal guardian is to provide instruction on the proper administration of medication/medical treatment in cooperation with and under the direct supervision of a physician/medical professional familiar with the medication/medical treatment.
- The parent or legal guardian is to repeat and update the medication/medical treatment instruction should:
  - the student’s medical condition change,
  - the medication/medical treatment requirements change,
  - the school staff member assisting the student with the medication/medical treatment change and/or,
  - the school principal requests a review or update on the medication/medical treatment instruction.

The parent/legal guardian understands that for specific medical situations, school policy will require assisting staff to summon medical practitioners or paramedics.

I request that the school staff administer/monitor my child’s medication in accordance with the Student Focused Medication Management Plan.

I am prepared to arrange specific instruction for the administration of medication/medical treatment at (location) \_\_\_\_\_ on (date) \_\_\_\_\_ to (Name of School Principal) \_\_\_\_\_.

This information has been provided in confidence to assist in responding appropriately to the medical needs of my child.

\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
Year                      Month                      Day



## ADMINISTRATION OF MEDICATION/MEDICAL TREATMENT RELEASE FORM

The undersigned, \_\_\_\_\_, being the legal parent/legal guardian of \_\_\_\_\_, a student of the Buffalo Trail Public Schools, do hereby request and authorize personnel employed by the Division to provide/monitor necessary medication/medical treatment to the said student, and for so doing, this will serve as a release and indemnification of and from any action or interaction of any personnel of the Division associated with the administration of medication/medical treatment to the said student. Further, the undersigned parent/legal guardian recognizes and acknowledges that the personnel employed by the Division who may, as a result of this request, be administering medication/medical treatment to the said student, are not medical practitioners.

Dated at \_\_\_\_\_, in the Province of Alberta,

This \_\_\_\_\_ day of \_\_\_\_\_ month \_\_\_\_\_ A.D., \_\_\_\_\_ year

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Signature of Witness

**Note: School to retain copy in Student File and to provide copy to parent/guardian.**



To: Parent or Guardian

**Re: Your Request for Medication to be Given at School**

Many students require physician prescribed medication to be taken during school hours. To ensure the safe management of medication, each student should have his/her own **Student Focused Medication Management Plan** developed during a meeting with school staff.

To prepare for this meeting, please:

1. Read the attached information about the philosophy, definitions and goals of the **Student Focused Medication Management Plan**.
2. Complete and sign the **Administration of Medication/Medical Treatment To Student Approval Form** and the **Administration of Medication/Medical Treatment Release Form**.
3. Complete the parent's section of the **Student Focused Medication Management (SFMM) Plan** using information from the pharmacy label on your child's medication and the information sheet provided by your pharmacist.

If you have questions or require assistance, a community health nurse is available to help you. Please call the school for her name and number.

\_\_\_\_\_  
Principal, \_\_\_\_\_  
(School)

## **STUDENT FOCUSED MEDICATION MANAGEMENT (SFMM) PLAN**

### **Philosophy**

The guiding principle for the management of medication in schools is the belief that the safe management of medication with school-aged children should:

- promote self management,
- be developmentally appropriate,
- lead to maximized learning potential for the student,
- provide the framework to support school staff in their medication management role and, lead to medication compliance

All physician prescribed medications given at school should be managed in accordance with the guidelines for Student Focused Medication Management (SFMM). The guidelines apply to short term and long-term medication administration or monitoring. These guidelines do not apply to over the counter or herbal medications.

The purpose of setting standards within the SFMM Plan is to clearly outline the roles of each of the partners (parents, school staff, students and community health nurse). Each member's role is important to ensure student safety and well being. Parents are the link between their child, the physician, and the school. Parents need to ensure that accurate, complete information about their child's medication management is shared with all partners. School staff are critical to implementing the SFMM Plan. The student is also a partner in managing their medication needs within the school. The student's role can vary from 'being aware of the need for medication' to 'self-managing their medication with adult supervision' depending on their age and developmental stage. The community health nurse is a support who is available upon request. The nurse can assist with the development and implementation of a SFMM Plan and can act as a resource to parents, students and school staff.

The SFMM Plan is designed to be flexible to suit a variety of situations. All students requiring medication management for physician prescribed medications should have a SFMM Plan to ensure that their medication information is complete and accurate.

A copy of the Plan should be provided to the parent. The SFMM Plan should be updated on a regular basis, minimally, on an annual basis.

## Definitions

The safe administration of medication depends upon clear and open communication between the partners. Having a common set of definitions ensures a common understanding.

<i>Student Focused Medication Management Plan</i>	Clear details of physician prescribed medications to be given or monitored for a specific student are written out and agreed upon by the parent and school staff.
<i>Medication Management</i>	Administration and monitoring of physician prescribed medication
<i>Administration of Medication</i>	Direct involvement in preparing and giving medication
<i>Monitoring of Medication</i>	Observing a student who is self-medicating and/or ensuring medication is taken
<i>Therapeutic Effect of Medication</i>	Desired outcome of taking medication
<i>Side Effect of Medication</i>	Undesirable effect of medication

## Goals of the Student Focused Medication Management Plan

Establish a process that will increase the skills and confidence of school personnel managing physician prescribed medications required for the well-being of the student and to enhance student learning.

Address concerns regarding the safe and consistent management of physician prescribed medications in the school setting.

Involve the student in self-medication and increase their sense of control regarding their personal health and well-being.

Provide an environment of confidentiality that enables and enhances the student's ability to manage their health condition.

Student Focused Medication Management Plan

This plan is intended for physician prescribed medications only.

Student Name: \_\_\_\_\_  
 (Last / First)  
 Date of Birth: \_\_\_\_\_  
 (Day/Month/Year)  Male  Female

	Medication #1 <input type="checkbox"/> Administer <input type="checkbox"/> Monitor	Medication #2 <input type="checkbox"/> Administer <input type="checkbox"/> Monitor	Medication #3 <input type="checkbox"/> Administer <input type="checkbox"/> Monitor	Medication #4 <input type="checkbox"/> Administer <input type="checkbox"/> Monitor
Received medication in original container	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes
Medication Information sheets provided	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes
Name of medication				
Desired effect(s) of medication				
Possible side effects(s) of medication				
Plan of action in response to side effect(s) event				
Dose of medication				
Route of administration				
Time(s) medication to be given at school				
Start date of medication				
Finish or review date of medication				
<b>Completed During Meeting</b>	Location of medication administration/monitoring			
	Name of staff person to administer / monitor medication			
	Name of alternative staff to administer / monitor medication			
	Special Instructions (Please attach pharmacy printout)			

Parent Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Principal Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Other: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Focused Medication Management Plan

Student Name: Doe, John  
(Last / First)

This plan is intended for physician prescribed medications only.

Date of Birth: 29/01/04  Male  Female  
(Day/Month/Year)

	Medication #1	Medication #2	Medication #3	Medication #4
	<input checked="" type="checkbox"/> Administer <input type="checkbox"/> Monitor	<input type="checkbox"/> Administer <input checked="" type="checkbox"/> Monitor	<input type="checkbox"/> Administer <input type="checkbox"/> Monitor	<input type="checkbox"/> Administer <input type="checkbox"/> Monitor
Received medication in original container	<input checked="" type="checkbox"/> Yes	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes
Medication Information sheets provided	<input checked="" type="checkbox"/> Yes	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> Yes	<input type="checkbox"/> Yes
Name of medication	Ritalin Methylphenedat	Ventolin		
Desired effect(s) of medication	Focused Calm	Ability to Breathe normally		
Possible side effects(s) of medication	Vomiting Tremors Convulsions	Normal side effects Tremors Rapid heart rate		
Plan of action in response to side effect(s) event	Call parent Convulsions: call 911 and parent	Call parent		
Dose of medication	5 mgm X 3 daily	2 puffs		
Route of administration	Mouth	Inhaler		
Time(s) medication to be given at school	30 min. before lunch	Prior to vigorous activity with symptoms		
Start date of medication	Sept. 17, 2003	Sept. 17, 2003		
Finish or review date of medication	January, 2004	As needed or indicated by parent		
<b>Completed During Meeting</b>	Location of medication administration/monitoring	Locked in cupboard in Room 11	Fanny Pack	
	Name of staff person to administer / monitor medication	Mary Jones, Secretary	Self Administered & classroom teacher to monitor	
	Name of alternative staff to administer / monitor medication	Lori Diamond, Home Rm teacher	T.A. in classroom to monitor	
	Special Instructions (Please attach pharmacy printout)	None	None	

Parent Name: Jane Doe Signature: Jane Doe Date: Sept 10, 2003  
Principal Name: Joan Smith Signature: Joan Smith Date: Sept 10, 2003  
Other: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_







## STUDENT FOCUSED MEDICATION MANAGEMENT RECORD

Student Name:  Doe, John  Date of Birth:  1993/01/06  School: \_\_\_\_\_ Grade:  5   
 (year/month/day)

Please initial under the appropriate date for each medication administration. If any deviations or side effects, please describe on back of this page.

			Month: September										Year: 2003				
Medication	Dose	Time	Day														
			17	18	19	20	21	24	25	26	27	28					
Ritalin	5 mgm	Morning recess	JS	JS	JS	JS	JS	JS	JS	JS	JS	JS	JS				
Ritalin	5 mgm	Lunch	JS	JS	JS	JS	JS	JS	JS	JS	JS	JS	JS				
Ritalin	5 mgm	Afternoon recess	JS	JS	JS	JS	JS	JS	JS	JS	JS	JS	JS				

SAMPLE

All persons who make one or more administration(s) during the month must sign and initial in a space below:

Print Name:  Joan Smith  Signature:  Joan Smith  Initials:  JS   
 Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Initials: \_\_\_\_\_  
 Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Initials: \_\_\_\_\_  
 Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Initials: \_\_\_\_\_



## ASTHMA ALERT

### Daily Asthma Management

Asthma can be controlled by avoidance of triggers and proper use of medication. In spite of this, sudden attacks may occur; therefore, the child (or an accompanying) must keep his / her medication with them at all times.

#### Identify triggers (check all that apply to the child)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Exercise                       | <input type="checkbox"/> Animal         | <input type="checkbox"/> Pollen                |
| <input type="checkbox"/> Respiratory infection          | <input type="checkbox"/> Mold           | <input type="checkbox"/> Change in temperature |
| <input type="checkbox"/> Perfume / cologne / aftershave | <input type="checkbox"/> Chalk dust     | <input type="checkbox"/> Food _____            |
| <input type="checkbox"/> Strong odor or fume            | <input type="checkbox"/> Carpet in room | <input type="checkbox"/> Other _____           |

### Environment

List environmental control measures the child requires to prevent an asthma attack.

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List activity guidelines the child requires to prevent an asthma attack.

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### Symptoms of Asthma

All individuals with asthma are unique. Children with asthma may exhibit one or several of the above signs. Some children may not appear to be in distress. All symptoms are of equal importance. Symptoms of asthma include:

- Laboured breathing
- Chest tightness
- Wheezing
- Cough
- Cough with phlegm

The child's specific symptoms are:

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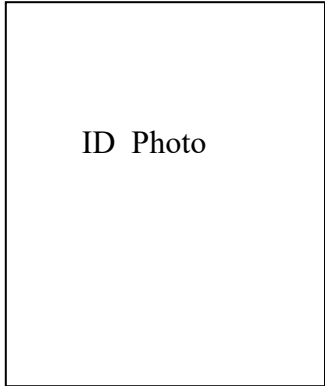
### Parent Comments / Special Instructions

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# ASTHMA ALERT



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Initial \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Health Care No.: \_\_\_\_\_  
(Day / Month / Year)

Room: \_\_\_\_\_ Grade: \_\_\_\_\_

**Signs of worsening asthma are:**

- Has a hard time breathing with:
- Chest and neck pulled in with breathing
- Is hunched over
- Struggles to breath
- Can't say a complete sentence in one breath
- Trouble walking or talking
- Becomes quiet or withdrawn
- Lips or fingernails are gray or blue
- Cough, wheeze or rapid breathing

This child's indicators of worsening asthma are: \_\_\_\_\_

### Emergency Action Plan

Act immediately and do not leave child alone.

Stay calm, reassure the child.

Listen to the child. Believe what the child is telling you.

1. Remove the child from the environmental triggers.
2. Have the child stop all physical activity.
3. Give the prescribed medications as below.

Drug Name	Dosage (amount)	When to Use
_____	_____	_____
_____	_____	_____

4. Call 911 if \_\_\_\_\_
5. Notify the parents / guardians.

### Emergency Contacts

Mother / Guardian \_\_\_\_\_ Phone (H) \_\_\_\_\_ Phone (W) \_\_\_\_\_  
 Father / Guardian \_\_\_\_\_ Phone (H) \_\_\_\_\_ Phone (W) \_\_\_\_\_  
 Other \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (Day) \_\_\_\_\_

I consent to the Emergency Action Plan and administration of the prescribed medications as outlined above.

\_\_\_\_\_  
 Name of Parent / Guardian (Please print)      Signature of Parent / Guardian      Date



# LIFE THREATENING ALLERGY ALERT

## Anaphylaxis Information

Anaphylaxis is a severe allergic reaction. **Prompt treatment is absolutely critical!** Therefore, the child (or an accompanying adult) must keep his / her medication with them at all times.

Even if you are uncertain whether the child is having an anaphylactic reaction, administer the prescribed medication (see Emergency Action Plan on reverse side).

Adrenaline may cause some shaking and an increased heart rate. Whenever adrenaline is administered, call 911. The effects of the adrenaline can wear off and the reaction can continue. Tell the operator that an allergic reaction has occurred and that adrenaline has been administered.

Contact the parents or their emergency alternates as soon as possible.

## Daily Allergy Management

### Identify allergens (check all that apply to the child)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Insect bite/sting | <input type="checkbox"/> Dust                           | <input type="checkbox"/> Carpet in room |
| <input type="checkbox"/> Mold              | <input type="checkbox"/> Strong odor or fume            | <input type="checkbox"/> Chalk dust     |
| <input type="checkbox"/> Animal            | <input type="checkbox"/> Perfume / cologne / aftershave | <input type="checkbox"/> Other _____    |
| <input type="checkbox"/> Pollen _____      | <input type="checkbox"/> Foods                          |   |

## Environment

1. Ensure that staff are aware of a child with a severe allergy.
2. Ensure that staff know the location of the medication(s).
3. A child with a severe allergy may require closer monitoring (i.e. in a lunchroom where food exchanges take place or when exposed to insects / animals).
4. List environmental control measures or restrictions the child requires to prevent an allergic/ anaphylactic reaction.

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## Parent Comments / Special Instructions

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# LIFE THREATENING ALLERGY ALERT

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Initial: \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Health Care No.: \_\_\_\_\_  
(Day / Month / Year)

Room: \_\_\_\_\_ Grade: \_\_\_\_\_

ID Photo

This child has a life threatening anaphylactic allergy reaction to:

- |       |                                |                                |                                |
|-------|--------------------------------|--------------------------------|--------------------------------|
| _____ | <input type="checkbox"/> Taste | <input type="checkbox"/> Touch | <input type="checkbox"/> Smell |
| _____ | <input type="checkbox"/> Taste | <input type="checkbox"/> Touch | <input type="checkbox"/> Smell |
| _____ | <input type="checkbox"/> Taste | <input type="checkbox"/> Touch | <input type="checkbox"/> Smell |

Common signs of an anaphylactic reaction:

- Flushing
- Tingling of lips and mouth
- Itchy eyes, nose, face
- Swelling of eyes and face
- Hives
- Vomiting
- Weakness and dizziness
- Swelling of throat
- Inability to breath
- Loss of consciousness
- Wheezing
- Diarrhea

### Emergency Action Plan

Act immediately and **do not** leave child alone.

Listen to the child. Believe what the child is telling you.

1. Give prescribed medications as below.

Drug Name	Instructions
_____	_____
_____	_____

2. Call 911.

3. Notify the parents / guardians.

### Emergency Contacts

Mother / Guardian \_\_\_\_\_ Phone (H) \_\_\_\_\_ Phone (W) \_\_\_\_\_  
 Father / Guardian \_\_\_\_\_ Phone (H) \_\_\_\_\_ Phone (W) \_\_\_\_\_  
 Other: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone (Day) \_\_\_\_\_

*I consent to the Emergency Action Plan and administration of the prescribed medications as outlined above.*

\_\_\_\_\_  
Name of Parent / Guardian (Please print)

\_\_\_\_\_  
Signature of Parent / Guardian

\_\_\_\_\_  
Date



Date

Dear Parent:

A student who is registered at our school has a severe life-threatening allergy to peanuts and peanut products. Exposure to even a minute amount of the food substance could cause anaphylactic shock and, without immediate emergency medical assistance, loss of consciousness and death. The school has established an emergency plan for the student.

The school has an obligation to establish a safe environment for all students. Therefore, we are requesting that parents avoid including peanuts and peanut products in lunches or snacks. Information concerning School Lunch Ideas is attached, a number of alternatives to peanut butter sandwiches are suggested.

Our objectives are to establish and maintain, to the extent possible,

- Classrooms, attended by the student, which are free of the substances which could place the student at risk of anaphylactic shock;
- School practices which reduce the possibility of exposure to substances which cause anaphylactic shock; and
- Buses which are free of substances which could place an allergic student at risk of anaphylactic shock.

A meeting for parents has been scheduled for \_\_\_\_\_ at the school. The purposes of the meeting are to share information concerning anaphylactic shock and to seek cooperation from parents in order to reduce the risk of exposure to peanuts and peanut products. If you are unable to attend, please telephone the school for additional information.

Thank you for your assistance with this important matter.

Sincerely,

Principal

Attachment



## SEIZURE OBSERVATION AND RECORD

Name \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

Observer: \_\_\_\_\_ Position: \_\_\_\_\_ Date: \_\_\_\_\_

### Before the Seizure

1. Did you see the onset of the seizure? Yes  No
2. Or did someone alert you? Yes  No
3. Where was the student? \_\_\_\_\_
4. What was he/she doing? \_\_\_\_\_
5. Did he/she Cry or yell  Fall down  Stare  Other \_\_\_\_\_
6. Did he/she notice any of these auras? Smell  Sound  Visual   
Have strange sensations in the stomach  Other \_\_\_\_\_

Additional comments \_\_\_\_\_

### During the Seizure

1. Did he/she have convulsions? Yes  No
2. Which parts of the body were involved? \_\_\_\_\_
3. How long did the seizure last? Minutes  Seconds
4. Did he/she Wander around  Stare  Fall  Pick at clothes/body   
Have mouth movement
5. Did he/she Talk clearly  Mumble  Slur  No speech
6. On which side of the body did the seizure start? Right  Left  Both  Unknown
7. Did he/she drool during the seizure? A little  A lot  None   
Excess swallowing
8. What was his/her level of consciousness? Unconscious  Dazed  Alert
9. Did he/she have a loss of bodily control? Bladder  Bowel  Both  Neither
10. Watch his/her:
  - a) Breathing Impaired  Absent
  - b) Head or face Twitching or grimacing  Up or down
  - c) Eyes rolling To the right and left  Upwards  Downwards
  - d) Arms and legs Rigid or jerking  Equal & rhythmic  Extended & flexing
  - e) Skin tone Pale  Blue/grey  Cool  Warm  Clammy

Additional comments: \_\_\_\_\_



**After the Seizure**

1. Was the student injured? If yes, please describe

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2. Does he/she have a headache?      Yes       No

3. Can he/she recall the seizure?      Yes       No

4. Does he/she appear: Alert       Drowsy       Confused

5. Is there muscle tiredness or weakness specific to one site?      Yes       No

    If yes, where? \_\_\_\_\_

6. Does he/she feel                      Sleepy       Weak

7. If sleepy, how long did he/she sleep post seizure? \_\_\_\_\_

Additional comments:

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8. The parent/guardian contacted. Date: \_\_\_\_\_ Time: \_\_\_\_\_

9. A record of this seizure observation sent to the parent/guardian. Yes \_\_\_\_\_ No \_\_\_\_\_

10. Additional information:

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